

What to bring to Santa Lucia

Clothing – The weather at Santa Lucia is variable. It can be hot and sunny, it can be very wet, and it can sometimes also be a little chilly at night. Ask for further details about the climate in the month that you are visiting. If you are staying for an extended period of time, lightweight clothes (not jeans) are best for easy drying. For birding, clothes should be muted/dark colours (not red or white)

- Fleece or pullover for the evenings
- Waterproof jacket or rain poncho
- Sandals or extra socks for wearing inside the lodge
- Long sleeved shirt/ T-shirt and long trousers for protection from the sun and insects
- Sun hat (summer)

Rubber Boots – it can be quite muddy at Santa Lucia, particularly in the winter, so you may prefer to wear rubber boots. We can lend you boots but please note that we only have a few pairs of larger sizes (largest size is 44.) In the summer, hiking boots are fine.

Other

- Torch or head-lamp and spare batteries
- Small backpack (with waterproof cover in the rainy season)
- Water bottle – with water for the hike up to the lodge
- Insect repellent – DEET is not necessary (nor environmentally friendly)
- Sun screen in the summer months
- Sufficient supplies of any medicines that you regularly need to take
- Personal toiletries that are biodegradable to minimize contamination of the forest
- Binoculars (optional) - magnification is not very important, but binoculars that work well in low light and that focus well to less than ten feet are key. Basic 7 x 35s are fine